

# Count It All Joy

James 1:2-3

## 7 Day Application Challenge

|              |   |
|--------------|---|
| <b>Day 1</b> | <i>Count it All Joy:</i> In your prayer journal, make a short list of some of your recent trials, next to each trial list 3-4 adjectives that describe how you have grown as a result facing that particular trial. |
| <b>Day 2</b> | <i>Tell of His Grace:</i> Invite someone to lunch and instead of complaining share with them the different ways God is helping you grow.  |
| <b>Day 3</b> | <i>Praise God:</i> Thank him for being God! Check out this awesome praise and worship song by Travis Greene- <i>Thank You for Being God</i> .   |
| <b>Day 4</b> | <i>Pray for Someone Else:</i> Consider a family member, friend, co-worker, neighbor, or outsider who may be going through a trial. Ask God to give them the strength needed to not give up.                         |
| <b>Day 5</b> | <i>Remembering God's Promises:</i> Record James 1:12 on an index card. Recite it as needed throughout the day.  |
| <b>Day 6</b> | <i>Sharing God's Promises:</i> Read and share the following scriptures with at least two people today: 1 Peter 1:6-8  |
| <b>Day 7</b> | <i>Pray for Yourself:</i> Pray and ask God to continue to give you the strength and wisdom needed to sustain whatever trials come your way.   |

# Count It All Joy

James 1:2-3

## 7 Day Application Challenge

|              |   |
|--------------|---|
| <b>Day 1</b> | <i>Count it All Joy:</i> In your prayer journal, make a short list of some of your recent trials, next to each trial list 3-4 adjectives that describe how you have grown as a result facing that particular trial. |
| <b>Day 2</b> | <i>Tell of His Grace:</i> Invite someone to lunch and instead of complaining share with them the different ways God is helping you grow.  |
| <b>Day 3</b> | <i>Praise God:</i> Thank him for being God! Check out this awesome praise and worship song by Travis Greene- <i>Thank You for Being God</i> .   |
| <b>Day 4</b> | <i>Pray for Someone Else:</i> Consider a family member, friend, co-worker, neighbor, or outsider who may be going through a trial. Ask God to give them the strength needed to not give up.                         |
| <b>Day 5</b> | <i>Remembering God's Promises:</i> Record James 1:12 on an index card. Recite it as needed throughout the day.  |
| <b>Day 6</b> | <i>Sharing God's Promises:</i> Read and share the following scriptures with at least two people today: 1 Peter 1:6-8  |
| <b>Day 7</b> | <i>Pray for Yourself:</i> Pray and ask God to continue to give you the strength and wisdom needed to sustain whatever trials come your way.   |